



**Vu X Ha**, Sensei, chief instructor of Boston Aikikai has studied the art of aikido for over 2 decades. He has been a devoted student of both **Akira Tohei** Shihan in Chicago and **Mitsunari Kanai** Shihan in Cambridge, Ma. His teaching style is technically precise and dynamic.



**Naka Ima  
Aikikai**

Saturday, October 29, 2011  
9 - 10:30 am | 10:45 - 12:15 pm  
2:30 - 4 pm | dinner 6 pm

Sunday, October 30, 2011  
9 - 10:30 am | 10:45 - 12:15 pm

\$60 Cdn for Saturday  
\$30 Cdn for Sunday  
\$90 Cdn for two days

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register at [www.nakaima.ca](http://www.nakaima.ca)